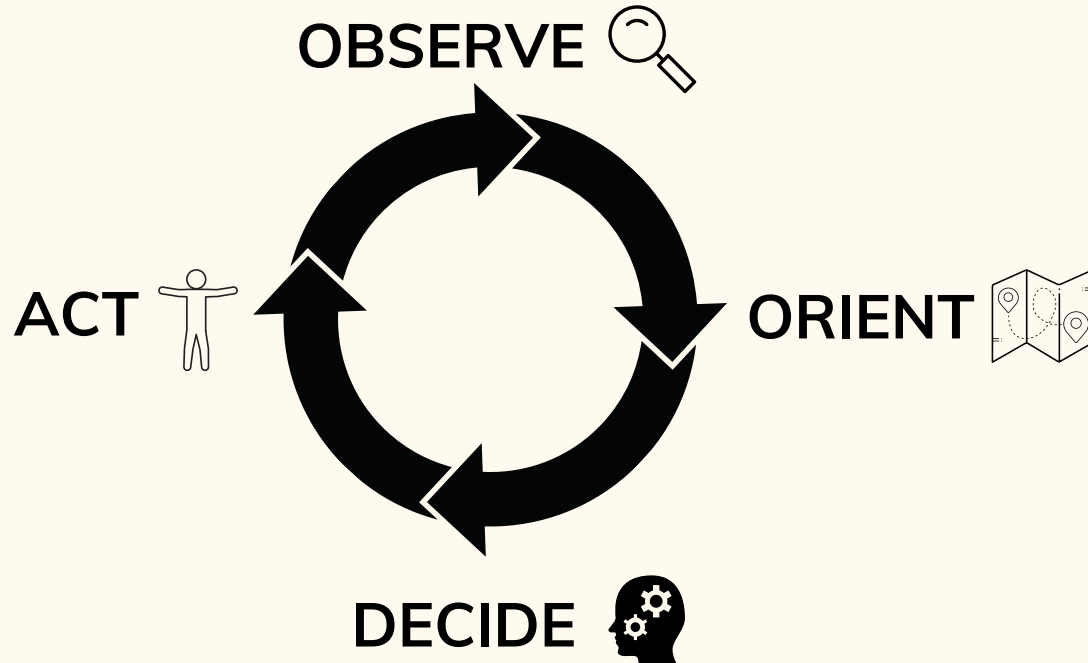


the OODA loop

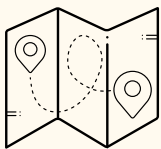
Nonviolent Peaceforce

a Situational Awareness tool to help us understand and respond to our surroundings



Observe: being present & taking in information about yourself & your environment.

Ask: What are my surroundings & experiences?



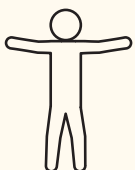
Orient: establishing what is normal for your situation in order to notice any changes.

Ask: What is the baseline? Are there any anomalies?



Decide: understanding what you want out of your situation & what you need to make that happen.

Ask: What are my goals, resources, options, & plan?



Act: moving through your situation based on your observations, orientation, & decisions

Ask: Am I aligned with my goals? Do I need to adjust?

Remember to turn your Situational Awareness both ON and OFF!

adapted from Across Frontlines